



## KEIGHLEY HEALTHY LIVING

### PERSON SPECIFICATION

**JOB TITLE:** Nutrition and Wellbeing Tutor

**LOCATION:** KHL, 13 Scott Street, Keighley

ATTRIBUTE	ESSENTIAL CRITERIA	DESIRABLE CRITERIA	HOW IDENTIFIED
<b>QUALIFICATIONS/ TRAINING</b>	Community Food / Nutrition qualification at NVQ level 3 and above or equivalent. 5 GCSE's or equivalent. Teaching/facilitation qualification or equivalent. Evidence of Continued Professional Development (CPD).	Degree educated. CIEH level 2 Food Safety or equivalent. Cooking / catering training. Wellbeing qualifications.	Application Form
<b>KNOWLEDGE / EXPERIENCE</b>	Knowledge and experience of delivering:- <ul style="list-style-type: none"> <li>• nutrition information</li> <li>• healthy lifestyle messages</li> <li>• wellbeing information</li> </ul> Experience of facilitation and group work. Knowledge of food preparation methods and cooking methods. Knowledge and experience of cooking on a budget, cooking healthy balanced meals. Experience of working with communities, groups and a range of people.	Experience of working with volunteers. Experience of co-ordinating projects. Knowledge and experience of working in community / voluntary settings. Knowledge and experience of working in a multi-cultural environment. Knowledge and experience of working with children. Experience of working in partnerships. Experience of monitoring and evaluation methods. Experience of planning and promotion of activities.	Application Form / Interview

	<p>Excellent range of communication skills.          Good organisation skills and time management.          Ability to convey messages effectively and create a good working relationship with groups of people.          Ability to work on own initiative and ability to make judgements.          Effective interpersonal skills.          Can demonstrate enthusiasm towards the role.          Positive/can-do attitude towards problem solving.</p>	<p>A good understanding of the preventative approaches to nutrition and wellbeing.          A good understanding of health Inequalities.          Knowledge of behaviour change techniques.          Skills in using Microsoft Excel Access and PowerPoint.</p>	<p>Application Form / Interview</p>
<b>KNOWLEDGE/ SKILLS / ABILITIES</b>	<p>Ability to work under pressure and meet deadlines.          Commitment to diversity &amp; equal opportunities.          Demonstrates an understanding of the importance of confidentiality and safeguarding.</p>	<p>Uses reflective practice to improve service delivery.</p>	
<b>PERSONAL ATTRIBUTES</b>	<p>Ability to travel to different sites across Keighley and surrounding areas.          Ability to work independently and also to be a proactive and willing team member.          Motivated with a positive attitude.          Must be eligible to work in the United Kingdom.          Ability to be flexible and work occasional hours in the evening and weekends.</p>	<p>Driving licence and access to a car.</p>	<p>Application Form / Interview</p>
<b>PRACTICAL AND INTELLECTUAL SKILLS</b>	<p>Ability to lift some heavy equipment, resources and produce.</p>		<p>Application Form / Interview</p>